BIOS living™

⚠ WARNING ⚠
MUST READ BEFORE USE.
DO NOT DESTROY.

Instruction Booklet
Shoulders & Back Heating Pad
Model#: **PM067**

INTRODUCTION

Thank you for purchasing the BIOS Living Shoulders & Back Heating Pad.
Please read this user manual carefully and keep it in a safe place for future reference. If you need any assistance, please contact our support team with your product model number.

INCLUDED:
1x Heating pad
1x User Manual
1x Handheld Controller



PRODUCT SPECIFICATIONS	
Model	PM067
Name	Shoulders & Back Heating Pad
Input Voltage	AC 120V/60HZ
Rated Power	135W
Heating Levels	10 levels (1,2,3,4,5,6,7,8,9,10)
Product Dimensions	24” x 36” (61 x 91 cm)

⚠ DANGER: TO REDUCE THE RISK OF BURNS, ELECTRIC SHOCK AND FIRE, THIS PRODUCT MUST BE USED IN ACCORDANCE WITH THE FOLLOWING INSTRUCTIONS.



1. READ ALL INSTRUCTIONS.
2. **DO NOT** USE WHILE SLEEPING.
3. NEVER LEAVE THIS APPLIANCE UNATTENDED, ESPECIALLY IF CHILDREN ARE PRESENT.
4. **DO NOT** USE ON AN INFANT.
5. **DO NOT** USE ON AN ANIMAL.
6. THIS PAD IS NOT TO BE USED ON OR BY AN INVALID, SLEEPING OR UNCONSCIOUS PERSON, OR A PERSON WITH POOR BLOOD CIRCULATION UNLESS CAREFULLY ATTENDED.
7. THIS PAD IS NOT TO BE USED ON A PERSON WITH DIABETES.
8. **DO NOT** USE ON AREAS OF INSENSITIVE SKIN.
9. BURNS CAN OCCUR REGARDLESS OF CONTROL SETTING, CHECK SKIN UNDER PAD FREQUENTLY.
10. **DO NOT** USE IN AN OXYGEN ENRICHED ENVIRONMENT.
11. **DO NOT** USE PINS OR OTHER METALLIC MEANS TO FASTEN THIS PAD IN PLACE.
12. **DO NOT** SIT ON OR CRUSH PAD. AVOID SHARP FOLDS.
13. POSITION PAD ON TOP OF, AND NOT UNDERNEATH, THE BODY. HEAT LEVEL MAY INCREASE WHEN HEAT IS TRAPPED.
14. NEVER USE PAD WITH LINIMENTS, OINTMENTS OR SALVES, ESPECIALLY THOSE CONTAINING HEAT-PRODUCING INGREDIENTS, AS SKIN BURNS COULD RESULT.
15. NEVER PULL THIS PAD BY THE SUPPLY CORD.
16. NEVER UNPLUG PAD FROM ELECTRICAL OUTLET WITH A WET HAND.
17. IF USING AN EXTENSION CORD WITH THIS PAD, THE MARKED ELECTRICAL RATING OF THE CORD SET/ EXTENSION CORD SHOULD BE AS GREAT AS ELECTRICAL RATING OF THE PAD (SEE ELECTRICAL SPECIFICATIONS SECTION). USE THIS PAD ONLY ON A 120 VOLT AC ELECTRICAL OUTLET. UNPLUG WHEN NOT IN USE.
18. **DO NOT** USE THE CORD AS A HANDLE.
19. **DO NOT** BEND OR PINCH THE CORD AND **DO NOT** USE THIS PAD IF IT HAS A DAMAGED POWER CORD OR PLUG, IF IT MALFUNCTIONS, HAS BEEN DROPPED, OR IS DAMAGED. THIS PAD HAS NO USER-SERVICEABLE PARTS.
20. LOOP CORD LOOSELY WHEN STORING, TIGHT WRAPPING MAY DAMAGE CORD AND INTERNAL PARTS.
21. THIS PRODUCT IS INTENDED SOLELY FOR PERSONAL USE. **DO NOT** USE THIS PRODUCT OUTDOORS OR FOR ANY OTHER PURPOSE.
22. **DO NOT** DRY-CLEAN THIS HEATING PAD. CLEANING SOLVENTS MAY HAVE A DETERIORATING EFFECT ON THE INSULATION OF THE HEATING ELEMENT.

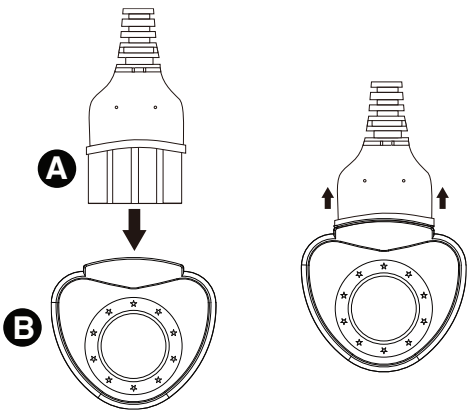


This heating pad has a polarized plug (one blade is wider than the other) as a safety feature. This plug will fit into a polarized outlet only one way. If the plug does not fit fully into the outlet, reverse the plug. If it still does not fit, contact a qualified electrician.

DO NOT ATTEMPT TO DEFEAT THIS SAFETY FEATURE.

WARNING: DO NOT USE THIS HEATING PAD WITH OTHER HEATING PADS/ELECTRIC BLANKETS UNDER SHEETS.

1. Attach the Pad Connector (**B**) to the Control Connector (**A**). Ensure a tight fit for both parts before plugging the unit into an electrical outlet.

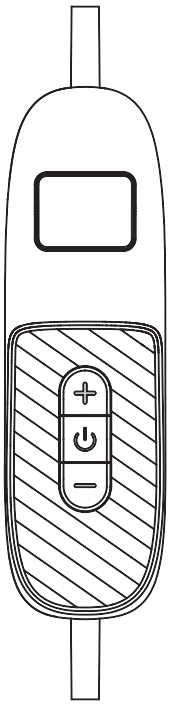


A: Control Connector **B**: Pad Connector

2. To turn on the heating pad, plug the unit into a 120V AC electrical outlet, press the power button. The pad will start heat. The default heat level is L.
3. Press "+" and " –" to select the desired heat setting, total 10 heat levels:

L-2: Warm	**5-7: Medium**
3-4: Low	**8-H: High**

4. The default automatic shutdown time is 120 mins.
5. To power off the heating pad, press the power button the indicator light out. Unplug it when it is not in use.



CARE AND MAINTENANCE

1. Disconnect the power cord from the electrical outlet.
2. Make sure the receptacle on the pad connector is disconnected from the wire.
3. Machine or hand wash the pad using a mild detergent, cool water or warm water, the water temperature cannot be exceeding than 86°F (30°C), and a gentle/delicate cycle.
4. Line dry or lay the pad flat to dry.
5. Make sure the product is completely dry before the next use.
6. To store the product, loosely roll the heating pad into a folded position and then store it in a cool, dry location after each use. Avoid sharply folding the heating pad.
7. **DO NOT** dry-clean this heating pad. Cleaning solvents may have a deteriorating effect on the insulation of the heating element.

1 YEAR WARRANTY

The BIOS Living Shoulders & Back Heating Pad has a 1 year limited warranty to be free of manufacturing defects in materials and workmanship under normal applications for 1 year of the original owner. If this product becomes inoperable due to defect, return the product with all component pieces and proof of purchase to the address listed below. This warranty does not cover any shipping/transport costs. This warranty does not apply if the product is subject to misuse, neglect, rough handling or damage.

Ship the unit prepaid and insured (at owners option) to:
Thermor Ltd.
Attn: Returns Department
16975 Leslie Street
Newmarket, ON L3Y 9A1
www.biosmedical.com
Email: support@biosmedical.com

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