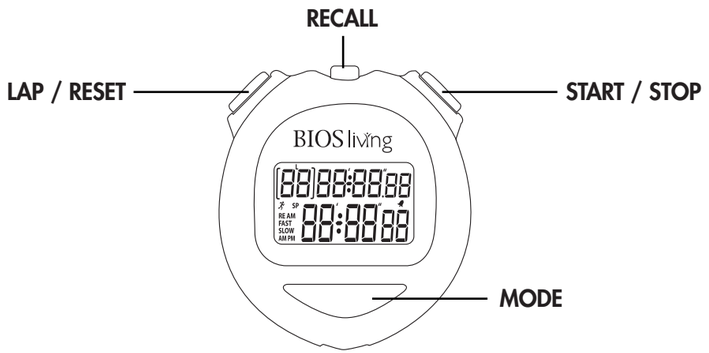
BIOS living

FP603 Premium Stopwatch
Instruction Manual

Introduction
Thank you for purchasing the FP603 Premium Stopwatch by BIOS Living. This exceptional product is equipped with advanced timing features: split time and elapsed time recall, lap memory, counter, metronome, countdown, alarm, clock/calendar, temperature, and blue backlight! Careful use of this stopwatch is guaranteed to provide years of reliable service, catering to sport, recreational or everyday living activities.



To display the different functions, press the "MODE" button in sequence. The different functions are:
1) Time 2) Stopwatch 3) Countdown 4) Metronome 5) Counter 6) Alarm

Setting Time and Calendar, Changing Temperature Preference
1. Press the "MODE" button once to display the time and calendar mode. (Fig 1)
2. To change the temperature reading from °F to °C press the "START/STOP" button.
3. Press and hold the "RECALL" button to change the year. Press the "START/STOP" button to increase the year and the "LAP/RESET" button to decrease the year. (Fig 2)
4. Press the "RECALL" to confirm. The month will flash, press the "START/STOP" button to increase the month and the "LAP/RESET" button to decrease the month.
5. Press the "RECALL" button to confirm.
6. The date will flash next. Follow step 4 to set the date, hour, minutes and second.



(Fig 1)



(Fig 2)

NOTE: 12/24 HOUR SYSTEM CAN BE SWITCHED WHEN SETTING THE HOUR

7. Press the "MODE" button to return to normal mode.

Stopwatch Function
Lap Mode
Press the "MODE" button to enter the stopwatch mode.

Simple Time Measurement
1. Press the "START/STOP" button to start timing.
2. Press the "START/STOP" button to stop timing.
3. Press the "LAP/RESET" button to reset the time to 00':00"00.

Accumulated Elapsed Time Measurement
1. Press the "START/STOP" button to start timing.
2. Press the "START/STOP" button to stop timing.
3. Press the "START/STOP" button to start timing again.
4. Press the "START/STOP" button to stop timing.

Lap Measurement
1. To set the number of lap counts – make sure the stopwatch is in the reset state. Press the "RECALL" button, the "LAP/RESET" button and the "START/STOP" button at the same time to set number of laps. Then press the "START/STOP" button to change the number of laps, either 8, 10, 20, 30 or 60 laps. (Fig 3)
2. Press the "MODE" button to exit the lap number and return to the lap timer.
3. Press the "START/STOP" button to start timing. Timing starts for Lap 1 on the bottom timer – the top timer remains at 00':00"00.
4. Press the "LAP/RESET" button. Lap 1 will appear in the top timer and the time will continue to count – lap two – on the bottom timer.
5. Continually press the "LAP/RESET" button, depending on the number of laps to a maximum of 60 laps.



(Fig 3)

Recall Lap Measurement Memory
Once the time is stopped:
1. Press the "RECALL" button to recall the lap memory.

NOTE: THIS UNIT HAS A 60 LAP MEMORY.

2. Press the "LAP/RESET" button to view the fastest and the slowest time. (Fig 4)
3. Press the "START/STOP" button to view the average time. (Fig 5)
4. Press the "RECALL" button to exit the memory function.
5. Press the "MODE" button and then the "LAP/RESET" button to reset the stopwatch to 00':00"00.



(Fig 4)



(Fig 5)

Countdown Function
The maximum countdown is 99 minutes and 59 seconds.
1. Press the "MODE" button to enter the countdown function. (Fig 6)
2. To set the countdown time press and hold the "RECALL" button for 2 seconds. The first minute digit will flash.
3. To increase the time by ten minutes press the "START/STOP" button and the "LAP/RESET" to decrease the ten minutes.
4. Press the "RECALL" button the second minute digit will flash.
5. Press the "START/STOP" button to increase the time by 1 minute and the "LAP/RESET" to decrease 1 minutes.
6. Same as last 3. to 5., to adjust the 1st seconds, the 2nd seconds, the 1/10 of a second, the 1/100 of a second.
7. Press the "MODE" button to go back to the countdown function.



(Fig 6)

Metronome
1. Press the "MODE" button to enter the metronome function. (Fig 7)
2. To change the pace of the Metronome press the "LAP/RESET" button to either 10, 20, 30, 50, 60, 80, 120, 160, 240, 320. (Fig 8)
3. When the desired beat choice has been selected press the "START/STOP" button to start the metronome.



(Fig 7)

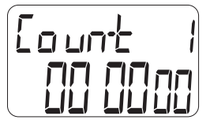


(Fig 8)

Counter Function
1. Press the "MODE" button to enter the counter function. (Fig 9)

NOTE: THE COUNTER HAS A 6 GROUP MEMORY.

2. Press the "START/STOP" button to increase the count by 1.
3. Press the "LAP/RESET" button to change the group number of the counter. Pressing this button increases the count group by 1.
4. To review the different count groups press the "RECALL" button.
5. To reset the count of the group, press "RECALL" button for 2 seconds.



(Fig 9)

Setting the Alarm and Chime
1. Press the "MODE" button to go to alarm mode. (Fig 10)
2. Press the "START/STOP" button to switch to the three different alarms and hourly chime.
3. Press the "LAP/RESET" button to activate or deactivate the "CHIME".

NOTE: STEP 4. TO 8. ARE FOR ALARM SETTING ONLY.

4. To set the alarm press the "RECALL" button for 2 seconds. The hour digits will then start flashing.
5. Press the "START/STOP" button to increase the hour value one hour at a time. Press and hold the "START/STOP" button to scroll through the hours. Release button when the desired hour is reached.
6. Press the "RECALL" button to confirm hour setting and select desired minutes. The minute digits will start flashing.
7. Press the "START/STOP" button to increase the minute value one minute at a time. Press and hold the "START/STOP" button to scroll through the minutes. Release the button when the desired minutes are reached.
8. Press the "MODE" button to confirm the alarm setting.
9. Press the "LAP/RESET" button to activate or deactivate the alarm.
10. The "🔔" will stay on, when any alarm is activated.



(Fig 10)



(Fig 11)

Display
To turn off the display, Press "MODE" button until the time and calendar mode shown, and press the "RECALL" and the "START/STOP" button for 3 seconds.
To turn on the display, press any button for 1 second.

Maintenance
It is recommended that you bring your stopwatch to your local watch/jewelry store for battery replacement to prevent damage. 1 x CR2032 button cell battery is included.
To reset the device, Press "MODE" button until the time and calendar mode shown, and press all buttons for 1 second.

One Year Warranty
The Premium Stopwatch has a one year warranty to be free of manufacturing defects in materials and workmanship under normal applications for one year of the original owner. If this product becomes inoperable due to defect and requires repair, return the product with all component pieces and proof of purchase to the address listed below. This warranty does not cover any shipping/transport costs. This warranty does not apply if the product is subject to misuse, neglect, rough handling or damage.

Ship the unit prepaid and insured (at owners option) to:
THERMOR LTD.
Attn: Repair Department
16975 Leslie Street
Newmarket, ON L3Y 9A1

www.biosmedical.com
Email: support@biosmedical.com

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